



## Supplement Facts for Syndion Capsules

Serving size: 2 capsules to 5 capsules  
Servings per container: 36 - 90



## Supplement Facts for Syndion-SF Liquid

Serving size: 2 ml to 10 ml  
Servings per container 2 oz size: 6 - 30  
Servings per container 16 oz size: 48 - 240



	Amt / 2 caps	%DV ≥ 4yrs †	Amt / 5 caps	%DV ≥ 4yrs †	Amount / 2 ml	%DV ≥ 4yrs †	Amount / 10 ml	%DV ≥ 4yrs †	
Calories	5		10		5		15		Calories
Total Carbohydrate	1 g	<1	3 g	1	<1 g	<1	3 g	1	Total Carbohydrate
Sugars					0 g	*	1 g	*	Sugars
Vitamin A (as 85% beta carotene and 15% palmitate)	1625 IU	33	4063 IU	81	867 IU	17	4333 IU	87	Vitamin A (as 85% beta carotene and 15% palmitate)
Vitamin C (as calcium ascorbate)	125 mg	208	313 mg	522	67 mg	112	333 mg	555	Vitamin C (as calcium ascorbate)
Vitamin D3 (as cholecalciferol)	250 IU	63	625 IU	156	40 IU	10	200 IU	50	Vitamin D3 (as cholecalciferol)
Vitamin E (as d-alpha-tocopherol)	38 IU	127	94 IU	313	20 IU	67	100 IU	333	Vitamin E (as d-alpha-tocopherol)
Vitamin K (as Vitamin K1 and Vitamin K2)	12.5 mcg	16	31 mcg	39	-	-	-	-	
Thiamin (Vitamin B1) (as thiamin hydrochloride)	5 mg	333	13 mg	867	2.7 mg	180	13 mg	867	Thiamin (Vitamin B1) (as thiamin hydrochloride)
Riboflavin (Vitamin B2)	10 mg	588	25 mg	1471	2.7 mg	157	13 mg	765	Riboflavin (Vitamin B2)
Niacin (as niacinamide and inositol hexanicotinate)	9 mg	45	22 mg	110	3.3 mg	17	17 mg	85	Niacin (as niacinamide and nicotinic acid)
Vitamin B6 (as pyridoxine hydrochloride and pyridoxal 5'-phosphate)	10 mg	500	25 mg	1250	5.3 mg	267	27 mg	1350	Vitamin B6 (as pyridoxine hydrochloride)
Folate (as folic acid and folinic acid and L-5 methyltetrahydrofolate calcium)	150 mcg	38	375 mcg	94	80 mcg	20	400 mcg	100	Folate (as folic acid and folinic acid)
Vitamin B12 (as cyanocobalamin and methylcobalamin)	125 mcg	2083	313 mcg	5217	-	-	-	-	
Biotin	50 mcg	17	125 mcg	42	20 mcg	7	100 mcg	33	Biotin
Pantothenic Acid (as calcium d-pantothenate)	7.5 mg	75	19 mg	190	2 mg	20	10 mg	100	Pantothenic Acid (as calcium d-pantothenate)
Calcium	50 mg	5	125 mg	13	13 mg	1	67 mg	7	Calcium
Iodine (as potassium iodide)	25 mcg	17	63 mcg	42	13 mcg	9	67 mcg	44	Iodine (as potassium iodide)
Magnesium (as magnesium citrate)	25 mg	6	63 mg	16	13 mg	3	67 mg	17	Magnesium (as magnesium chloride hexahydrate)
Zinc (as zinc gluconate)	3.75 mg	25	9 mg	60	1.6 mg	11	8 mg	53	Zinc (as zinc gluconate)
Selenium (as selenomethionine and sodium selenite)	9 mcg	13	22 mcg	31	4 mcg	6	20 mcg	29	Selenium (as selenomethionine and sodium selenite)
Manganese (as manganese amino acid chelate)	0.25 mg	15	0.625 mg	30	0.4 mg	20	2 mg	100	Manganese (as manganese amino acid chelate)
Chromium (as chromium amino acid chelate)	18 mcg	15	44 mcg	37	9 mcg	8	47 mcg	39	Chromium (as chromium amino acid chelate)
Molybdenum (as molybdenum amino acid chelate)	25 mcg	33	63 mcg	84	20 mcg	27	100 mcg	133	Molybdenum (as sodium molybdate dihydrate)
Sodium	0 mg	0	0 mg	0	0 mg	0	5 mg	<1	Sodium
Methylsulfonylmethane (MSM)	113 mg	*	281 mg	*	67 mg	*	333 mg	*	Methylsulfonylmethane (MSM)
Choline (as choline bitartrate)	63 mg	*	156 mg	*	33 mg	*	167 mg	*	Choline (as choline chloride)
N-acetyl-carnitine (as n-acetyl-carnitine hydrochloride)	50 mg	*	125 mg	*	-	-	-	-	
Inositol	25 mg	*	63 mg	*	13 mg	*	67 mg	*	Inositol
Vitamin E (as other mixed tocopherols)	23 mg	*	56 mg	*	9 mg	*	47 mg	*	Vitamin E (as other mixed tocopherols)
N-acetyl-cysteine	11 mg	*	28 mg	*	6 mg	*	30 mg	*	N-acetyl-cysteine
Coenzyme Q10	11 mg	*	28 mg	*	3.3 mg	*	17 mg	*	Coenzyme Q10
Lithium (as lithium orotate)	88 mcg	*	219 mcg	*	67 mcg	*	333 mcg	*	Lithium (as lithium orotate)
Boron (as boron citrate)	63 mcg	*	156 mcg	*	-	-	-	-	
Vanadium	6 mcg	*	16 mcg	*	-	-	-	-	

\*Daily value not established for these nutrients. †Percent Daily Value based on a 2000 calorie diet.

**Other Ingredients in Syndion Capsules:** hydroxypropyl methyl cellulose, dicalcium phosphate, microcrystalline cellulose, d-alpha-tocopheryl polyethylene glycol 1000 succinate (tocophersolan), silicon dioxide, potassium chloride, magnesium stearate, maltodextrin, water. Syndion Capsules **DO NOT CONTAIN** gluten, casein, glucose, yeast, soy, egg, copper, iron, sweeteners, preservatives, corn protein, or GMO-DNA. Syndion® Capsules are tested to be free of heavy metal contamination.

**Other Ingredients in Syndion-SF Liquid:** water, fructose, xylitol, d-alpha-tocopheryl polyethylene glycol 1000 succinate (tocophersolan), vitamin B12 (as cyanocobalamin), stevia, natural flavors, potassium chloride, potassium sorbate (preservative), xanthan gum. Syndion-SF **DOES NOT CONTAIN** gluten, casein, glucose, yeast, soy, egg, copper, iron, artificial sweeteners, artificial preservatives, corn protein, or GMO-DNA. Syndion-SF is tested to be free of heavy metal contamination.

Bottles DO NOT CONTAIN bisphenol A (BPA), phthalates, polycarbonate (PC) or polyvinyl chloride (PVC) plastics. Manufactured under GMP conditions in an FDA inspected facility.